

Programme of Study – Year 9

Week beg	Year 9 – 1 lesson per week (same sport for a half term), approx 6 lessons in total		
	Girls	Boys	Mixed
5/9	BB (Gym)	FIT (FS)	Bad (SH)
12/9			
19/9			
26/9			
3/10		FB (out)	
10/10	NB (out)	FB (out)	
17/10	NB (out)	FB (out)	
24/10			
31/10	PPE NB (out)	PPE FB (out)	PPE TT(Gym)
7/11	PPE NB (out)	PPE FB (out)	PPE TT (Gym)
14/11	FIT (FS)	BB (2/3 SH)	TR (1/3 SH)
21/11			
28/11			
5/12			
12/12			
19/12 , 26/12			
2/1	TR (1/3 SH)	BAD (2/3 SH)	FIT (FS)
9/1			
16/1			
23/1			
30/1			
6/2			
13/2			
20/2	BAD (2/3 SH)	TR (1/3 SH)	BB (Gym)
27/2	PPE NB (out)	PPE FB (out)	PPE BB (Gym)
6/3	PPE NB (out)	PPE FB(out)	PPE BB (Gym)
13/3			
20/3			
27/3			
3/ 4, 10/4	ATHLETICS – 1 or 2 events per lesson (NO HJ)	ATHLETICS – 1 or 2 events per lesson (NO HJ)	ATHLETICS – 1 or 2 events per lesson (NO HJ)
17/4	RUN – 100/200, relay	THROW – SH, JAV	JUMP - LJ
24/4	RUN – 400 , 800	THROW - DISC	JUMP - TJ
1/5	JUMP - LJ	RUN – 100/200, relay	THROW – SH, JAV
8/5	JUMP- TJ	RUN – 400, 800	THROW - DISC
15/5	THROW – SH, JAV	JUMP - LJ	RUN – 100/200, relay
22/5	THROW - DISC	JUMP - TJ	RUN – 400, 800
29/5			
5/6	RO	SB	KC
12/6			
19/6			
26/6			
3/7	KC	Cricket	RO
10/7			
17/7			

